

# HUMBLE BEE



## BAKERY & CAFE

### HOUSE FAVORITES

#### **BISCUITS AND GRAVY 14.25**

House-made country gravy with and turkey bacon and turkey sausage crumbles with two buttermilk biscuits and a sunny egg

#### **ENGLISH BUTTY 13.75**

Easy egg, cheddar cheese and turkey sausage on a house-made English muffin served with potatoes, arugula and pickled cabbage

#### **FARM BOY 16.50**

Two eggs any style, your choice of breakfast meat, potatoes and a pancake

#### **TOFU SCRAMBLE 15.75**

Curried tofu, spinach, bell pepper, onion, pesto, potatoes and salsa (vegan)

#### **BEE-SQUIT SANDWICH 17**

House-smoked Canadian bacon, cheddar cheese, an easy egg and gravy on a biscuit

#### **EGGS AL POMODORO 17.50**

Two poached eggs simmered in a zesty dill tomato sauce with arugula, pickled cabbage and sourdough toast points

### SWEET STUFF

#### **PANWICH 16**

Two easy eggs and turkey sausage stuffed in a large pancake and topped with maple mascarpone and julienned apples. Sub gluten-free +2.50

#### **SHORT STACK OF PANCAKES 15.25**

with fresh berries, butter and maple syrup. Sub gluten-free +2.50 Add whip +1

#### **FRENCH TOAST 16.50**

on house-made brioche bread with fresh seasonal fruit, whipped cream and maple syrup

#### **HOUSE-MADE GRANOLA 12**

Served with your choice of milk or yogurt

### OMELETS

Omelets come with your choice of potatoes or side salad

#### **GARDEN OMELET 16**

zucchini, bell pepper, onion, mozzarella cheese, pesto and salsa

#### **HAM & CHEDDAR 16.50**

Black Forest ham, cheddar, spinach and grilled onion and salsa

#### **TURKEY SAUSAGE & SPINACH 16.50**

Turkey sausage, spinach, grilled onion, Jack cheese and salsa

#### **BLACK BEAN 16**

Mozzarella, spinach and aromatic black beans served with salsa and sour cream

#### **CAPRESE OMELET 16.50**

Heirloom tomato, mozzarella, pesto, basil and balsamic vinegar reduction

### BURRITOS +

#### **BASIC BURRITO 13.50**

Three scrambled eggs, cheddar cheese, potatoes, black beans in a house-made flour tortilla with salsa and sour cream

Add bacon, turkey bacon, turkey sausage +2.75

#### **HUMBLE BURRITO 14.25**

Scrambled eggs, black beans, zucchini, bell pepper, onion, and spinach in a house-made flour tortilla with salsa and sour cream. , cream. *Vegan sub tofu*

#### **PROTEIN PUNCH BURRITO 15.50**

Scrambled eggs, black beans, ground turkey in a zesty tomato sauce, grilled onions, cheddar cheese, salsa and sour cream

#### **HUEVOS RANCHEROS 15.25**

Black beans, Jack cheese, and easy eggs on a flour tortilla with pickled cabbage and peppers, salsa and sour cream

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### SIDES

ONE ORGANIC EGG	3
SUB EGG WHITES	1.50
TURKEY SAUSAGE	5.50
TURKEY BACON	5.25
PORK BACON	6.50
CANADIAN BACON	6
1 PANCAKE	5
SIDE POTATOES	4.50
SEASONAL FRUIT CUP	6.75
BLACK BEANS	3
WHITE OR WHEAT TOAST	3.75
BUTTERMILK BISCUIT	3.50
HOUSE-MADE JAM	1
SALSA	1
SOUR CREAM	1.50
BOTTLE OF HABANERO	8

Take home a bottle of our delicious house-made habanero hot sauce. Makes a great gift too!

### SPECIALTY JUICES

<b>DR. FEELGOOD</b>	9
Carrot, orange, beet, lemon, ginger, turmeric	
<b>BASIC BEE</b>	9
Carrot, apple, strawberry, lemon, ginger, celery	
<b>GREEN FLASH</b>	9
Apple, celery, spinach, kale, lemon, ginger	
<b>PURPLE HEART</b>	9
Beet, orange, berries and celery	
<b>STRAWBERRY MOJITO</b>	8.25
Strawberry, ginger, muddled mint, OJ and lemonade	

### COFFEE & TEA

ORGANIC DRIP COFFEE	4.25
ORGANIC ESPRESSO	
Single 3 Double 4	
CAPPUCCINO OR LATTE	6
MOCHA	6.75
AMERICANO	4.75
CHAI TEA LATTE	6
HOT CHOCOLATE	6
ADD AN EXTRA SHOT	1.50
SUB ALTERNATIVE MILK	1
Almond, Oat or Soy	
ADD ORGANIC SYRUP	1
Vanilla, Hazelnut or Caramel	
ORGANIC ICED TEA	4.25
ORGANIC NUMI HOT TEA	4.25
Breakfast blend, Chamomile, Earl Grey, Gunpowder Green or Moroccan Mint	

### REFRESHMENTS

ORGANIC ORANGE JUICE	7
ORGANIC CARROT OJ	7.50
ORGANIC LEMONADE	5.50
LAVENDER LEMONADE	5.50
ARNOLD PALMER	5
SPARKLING WATER	
16.9 Oz. 2.50 25.9 Oz. 3.50	
IZZE SPARKLING JUICE	2

Please inform your server of any allergies \* Parties of 6+ will be charged an automatic 18 % gratuity

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## BAKERY & CAFE

### SANDWICHES

Sandwiches come with chips or side salad **15.5**

#### TUNA MELT

House-made tuna salad with cheddar cheese on wheat bread

#### TURKEY REUBEN

House-smoked turkey, Swiss cheese, sauerkraut, 1000 Island and mustard on rosemary garlic bread

#### SLOPPY BIRD

ground turkey in a zesty tomato sauce with crispy cheddar, mustard and grilled onions on a white roll

#### GARLIC ROASTED CHICKEN

mozzarella, Parmesan, aioli, marinated peppers and onions on a white roll

#### CAPRESE PANINI

Heirloom tomato, mozzarella, pesto, roasted garlic, basil and balsamic reduction on sourdough

### SALADS

#### DA BEET SALAD

**15**

red leaf lettuce, roasted beets, goat cheese, candied and julienned apples with poppyseed dressing

#### KALE CAESAR

Shredded laminate kale, Parmesan cheese, garlic roasted almonds, citrus segments and an eggless Caesar dressing

#### ALMOND GINGER CHOP

Shredded romaine lettuce, carrots, cabbage, dried cranberries, almonds and sesame seeds with a ginger vinaigrette

#### STRAWBERRY & GOAT

Arugula, strawberries, goat cheese, avocado, pickled red onion, radish, pepitas and strawberry vinaigrette

#### HOUSE SALAD

mixed greens, carrots, cabbage, tomato and beet slaw with a beet balsamic dressing

### PIZZA

#### PERSONAL AMERICANA **14.5**

Red sauce with pepperoni, mozzarella, Parmesan and basil

#### PERSONAL CHEESE

Red sauce with mozzarella and Parmesan

#### PERSONAL BIG JIM

Red sauce with mozzarella, Parmesan, zucchini, bell pepper, mushroom, red onion, garlic and basil

#### PERSONAL LAUREN'S VEGAN

Rosemary garlic spread, zucchini, bell pepper, mushroom, red onion, garlic, basil topped with arugula and house balsamic dressing

### SIDES

**SIDE CHICKEN** **5**

**SIDE TUNA SALAD** **5**

**SIDE SALAD** **5**

**SOUP DU JOUR** **5**

**SIDE AVOCADO** **2.25**

**SIDE TOAST** **3.75**

Lunch is served from 11 - 3 p.m. \* Parties of 6+ will be charged an automatic 18% gratuity